

# TIPS FOR DRAFTING A STATEMENT OF MEDICAL NECESSITY LETTER

This resource is provided as educational support to assist healthcare professionals and the patients they serve. Healthcare professionals may choose to use these tips to assist in their access to the United Therapeutics treatment prescribed. This is not a guide or instructions. United Therapeutics does not guarantee coverage or reimbursement for the United Therapeutics treatment prescribed. The healthcare professional has the responsibility to ensure correct prior authorization policies are followed. Providers must ensure they accurately complete and submit necessary information to insurance companies.

It may be helpful to include a Statement of Medical Necessity (SMN) letter, explaining your rationale and clinical decision making behind the choice of a specific therapy, when submitting a prior authorization to a patient's health insurance.



**Understand the Insurer's Prior Authorization Process.** Review the patient's plan benefits thoroughly prior to drafting a Statement of Medical Necessity letter.



**Ensure you have submitted all required information.** Simple errors on insurance forms, including incorrect codes and failure to obtain or submit the necessary documentation, may lead to denials. If there was a documentation error, correct the form or contact the insurance plan.



**Identify and meet specific insurer deadlines.** Some plans have very short turnaround times, for example, 48 hours from the denial date.



**Consider including the following information in the SMN Letter (See example on next page):**

1. Patient Information:
  - Full name
  - Date of birth
  - Insurance ID number
  - Insurance Case ID number or Denial number
2. Physician Information:
  - Full name
  - National Provider Identification (NPI) number
  - Specialty
3. An introduction explaining the purpose of the SMN Letter, or the reason for the medical necessity of the prescribed medication.
4. A summary of the patient's diagnosis and the indication for the United Therapeutics therapy being prescribed. The summary should include diagnosis codes (ICD-10), prior treatments with their duration and response to treatment, and the severity of the patient's condition.
5. A clinical rationale for the prescribed treatment. The clinical rationale should include the FDA approved indication and any supporting clinical trial data.
6. If the plan is indicating a preferred formulary treatment, please provide an explanation of why it may not be applicable to your patient.
7. Additional Documents, including but not limited to:
  - Full Prescribing Information
  - Diagnostic test results, such as 6-minute walk test
  - Letter of Medical Necessity
  - Clinical notes and medical records



**Be sure to maintain accurate records.** Make a copy of anything you send. Record the time, date, and name of any representatives at the insurance company.

# SAMPLE STATEMENT OF MEDICAL NECESSITY FOR TYVASO PAH

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Attn:



**RE: LMN for Tyvaso**

**Dear**

I am writing to document the medical necessity and to obtain authorization for Tyvaso (treprostinil) on behalf of my patient, . Tyvaso is an oral inhalation medicine used in adults to treat pulmonary arterial hypertension (PAH). I believe that Tyvaso is appropriate for my patient based on their relevant clinical history (provided below).

Tyvaso is a prostacyclin vasodilator indicated for the treatment of pulmonary arterial hypertension (PAH; WHO Group 1) to improve exercise ability. Studies establishing effectiveness included predominately patients with NYHA Functional Class III symptoms and etiologies of idiopathic or heritable PAH (56%) or PAH associated with connective tissue diseases (33%).

**Brief summary of Patient's Medical History:**

is a patient, , who has been diagnosed with PAH as of .  
 has been in my care since .

**Rationale for Treatment**

Considering the patient's medical history, current medical condition, and the approval of Tyvaso for PAH, I believe treatment with Tyvaso at this time is warranted, appropriate, and medically necessary for this patient.

Thank you for your prompt attention to this matter and for your consideration and anticipated approval for Tyvaso. Please call my office at if you require any additional information or documentation. I look forward to your timely response.

Sincerely,

**Enclosures:**

Download and include the full Prescribing Information.

## INDICATION

TYVASO (treprostinil) is a prostacyclin vasodilator indicated for the treatment of pulmonary arterial hypertension (PAH; WHO Group 1) to improve exercise ability. Studies establishing effectiveness included predominately patients with NYHA Functional Class III symptoms and etiologies of idiopathic or heritable PAH (56%) or PAH associated with connective tissue diseases (33%).

The effects diminish over the minimum recommended dosing interval of 4 hours; treatment timing can be adjusted for planned activities.

While there are long-term data on use of treprostinil by other routes of administration, nearly all controlled clinical experience with inhaled treprostinil has been on a background of bosentan (an endothelin receptor antagonist) or sildenafil (a phosphodiesterase type 5 inhibitor). The controlled clinical experience was limited to 12 weeks in duration.

## IMPORTANT SAFETY INFORMATION

### WARNINGS AND PRECAUTIONS

- The efficacy of TYVASO has not been established in patients with significant underlying lung disease (such as asthma or chronic obstructive pulmonary disease). Patients with acute pulmonary infections should be carefully monitored to detect any worsening of lung disease and loss of drug effect
- TYVASO is a pulmonary and systemic vasodilator. In patients with low systemic arterial pressure, TYVASO may cause symptomatic hypotension
- Titrate slowly in patients with hepatic or renal insufficiency, as exposure to treprostinil may be increased in these patients
- TYVASO inhibits platelet aggregation and increases the risk of bleeding
- Co-administration of the cytochrome P450 (CYP) 2C8 enzyme inhibitor gemfibrozil may increase exposure to treprostinil. Co-administration of the CYP2C8 enzyme inducer rifampin may decrease exposure to treprostinil. Increased exposure is likely to increase adverse events, whereas decreased exposure is likely to reduce clinical effectiveness

### DRUG INTERACTIONS/SPECIFIC POPULATIONS

- The concomitant use of TYVASO with diuretics, antihypertensives, or other vasodilators may increase the risk of symptomatic hypotension
- Co-administration of the CYP2C8 enzyme inhibitor gemfibrozil increases exposure to oral treprostinil. Co-administration of the CYP2C8 enzyme inducer rifampin decreases exposure to oral treprostinil. It is unclear if the safety and efficacy of treprostinil by the inhalation route are altered by inhibitors or inducers of CYP2C8
- Limited case reports of treprostinil use in pregnant women are insufficient to inform a drug-associated risk of adverse developmental outcomes. However, pulmonary arterial hypertension is associated with an increased risk of maternal and fetal mortality. There are no data on the presence of treprostinil in human milk, the effects on the breastfed infant, or the effects on milk production
- Safety and effectiveness in pediatric patients have not been established
- It is unknown if geriatric patients respond differently than younger patients. Caution should be used when selecting a dose for geriatric patients

### ADVERSE REACTIONS

- The most common adverse reactions seen with TYVASO in  $\geq 4\%$  of PAH patients and more than 3% greater than placebo in the placebo-controlled clinical study were cough (54% vs 29%), headache (41% vs 23%), throat irritation/pharyngolaryngeal pain (25% vs 14%), nausea (19% vs 11%), flushing (15% vs <1%), and syncope (6% vs <1%). In addition, adverse reactions occurring in  $\geq 10\%$  of patients were dizziness and diarrhea

Please see the **Full Prescribing Information**, **Patient Product Information**, and the **TD-100 and TD-300 TYVASO® Inhalation System Instructions for Use manuals**.

For additional information about TYVASO, visit [www.tyvaso.com](http://www.tyvaso.com) or call 1-877-UNITHER (1-877-864-8437).

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